



Calm Abiding & Bodhichitta Retreat In Lawudo Hermitage, Nepal

with Ven Thubten Khadro



15th April to 6th May 2022 – Due COVID tentative dates to be confirmed

Includes guided trek, 7 day retreat and Kathmandu Buddhists visits

Lawudo Hermitage is situated in the Himalayan mountains of Eastern Nepal. It includes the Lawudo Cave ~ known as the Cave of Blissful Attainments, a Retreat Center and it serves as the family home of renowned Tibetan Buddhist Teacher Lama Zopa Rinpoche.

For more information contact: nic@lifedeath.com.au & visit: www.lawudo.com